

# Where's the beef?

I love, all-you-can-eat places, (we used to call them "smorgys") especially one I visited in Nebraska.

All-you-can-eat **PRIME RIB** buffet. Mouth watering Nebraska corn fed beef, med-rare set up with all the fixings.

They made a huge mistake by letting me in the door!

I wish I was there now!

As you enter, you can smell the smokey seasoning of roasted steer and fresh baked bread, (stomach growling, mouth watering, as I speak) your will eyes bug out at the sight of the three foot long, slab of succulent, slow roasted morsel of carnage, cradled at the very end of a long bar of greens, spuds, salads and tempting delights.

**Now, let me tell ya, there is 8 keys to getting maximum benefits at one of these joints!**

**1.** A twelve hour fast before meal, to insure the owner of the fine establishment would incur a net loss of profit. I will consume four times the average adult portions of delectable protein.

**2.** Do not drink soda of any kind! Soda expands and you lose valuable space in gullet, that can be filled with precious mouth watering meat!

3. Stay away from coffee or tea, as these have caffeine, an **appetite suppressor**.

4. The owner will try to entice you by staging rice, potatoes, macaroni, spaghetti, various bread and other starches ahead of the prize at the end of the line. **Beware!** These starches are fillers and have been strategically planned to distract you from the **reward**.

5. Salads! Did you fast twelve hours for lettuce and thousand island? **COME ON!**

6. Do not, I repeat do not be enticed by pie, ice cream, cake or any desserts. Keep your eyes focused on **BEEF!** Keep your head up and walk directly to the **BEEF!** You want **BEEF!**

7. If you want to avoid embarrassment, don't load your plate all at once! Just make more frequent trips to the buffet. No one will notice the many rounds you make as they are consumed in their own gluttony!

8. **Slow down!** Because you are famished, you will be tempted **hog wild**. Pull in the reins, savor each small succulent bite, you've sacrificed breakfast and lunch. **Take your time!** You have hours before closing time!

## **God has a Buffet!**

Joh 6:35 And Jesus said unto them, I am the bread of life: he that cometh to me shall never hunger; and he that believeth on me shall never thirst.

## **A fulfilled life.**

**As in the "smorgy" there are keys partaking of this feast!**

**1. Attitude at the table.** Always come to the table of God Hungry! How much value we place on the feast, **determines** the benefits or reward we receive. **Hunger!** Hunger for His Word, His Presence, His fellowship, His will.

**2. Fast!,** Not a fast of food, but **a fast of cheap substitutes** that try to replace the real buffet.. We are offered up cheap substitutes daily. Think about it. If we fill up on these distractions we will not have any desire for the **best buffet**, We will soon forget the benefits of all He has. Would you eat a tv dinner just before you go to a prime rib banquet?

**3. We are enticed daily** with cheap fillers that really don't satisfy. Like caffiene, sin is an appetite supressor, a distractor. Not just sin, but any thing to distract. It may provide temporary fulfilment but then leave us empty and craving for more. More of what can never satisfy the emptyness.

Mar 4:18 And these are they which are sown among thorns; such as hear the word,

Mar 4:19 And the cares of this world, and the deceitfulness of riches, and the lusts of other things entering in, choke the word, and it becometh unfruitful.

**4. Set Your Mind on things above.** There is a prize, not only Heaven, but walking daily in fellowship with God.

This is the prize. The **BEEF!** This is where your real Life is.

Col 3:2 **Set your affection on things above**, not on things on the earth.

Col 3:3 For ye are dead, and **your life is hid with Christ** in God.

**5. Take it slow!** Reading chapters and and books in the bible is great, however I find best is to take **one** scripture that inspires you, and take time to think on that **one**, you may find God speaking to you heart!

*One lady I knew said "God never speaks to me."*

*I asked her for her bible.*

*Opening it up I asked her what these underlined and marked up pages with yellow markers were?*

*"Oh!" she said, " When I see a scripture that I find that means something special or inspirational I mark it, so that perhaps I will find it again!"*

*I said, "I thought you said God never speaks to you!"*

*Her eyes widened, " Yes!, I suppose He does!"*

Start meditating on **those** scriptures and you will hear God more and more clearly!

Determine to have a hunger for God and His word.

Its always your choice.

Jesus said those that hunger and thirst will be filled.

Leave behind the cheap fillers, appetite suppressors , go for the **BEEF!** The more you eat the **BEEF** the more you want **BEEF**, the less you will desire the cheap imitations!!!